

Caregivers as challenge for local communities

Prof. Dr. Liane Schirra-Weirich

Prorektorin für Forschung und Weiterbildung
Prorector for Research and Further
Education

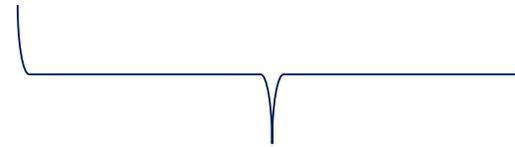
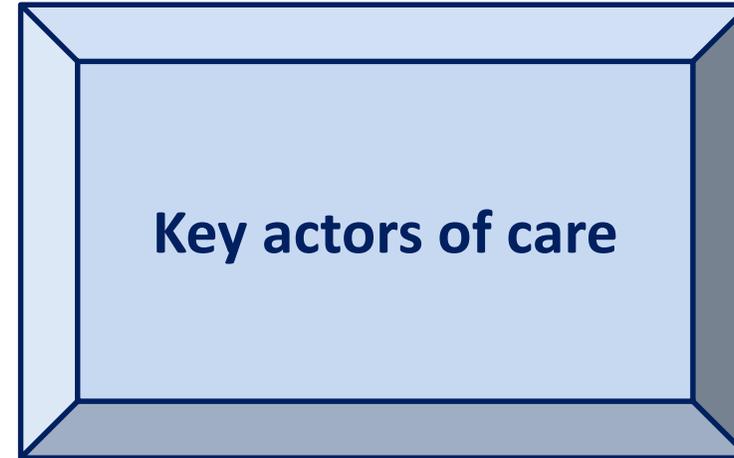
Katholische Hochschule Nordrhein-Westfalen

Telefon: +49 (0) 221 7757 601

Mobil: +49 (0) 151 2297 1214

E-Mail: l.schirra-weirich@katho-nrw.de

Caregiver
Pfleger
Vorsorgender
EhepartnerIn
Schwiegertochter
Sohn
Tochter
Schwiegersohn



Full responsibility for own lifestyle as well as **wellbeing** of person taken care of

Caregiver
 Pflegenden
 Vorsonnengender
 EhepartnerIn
 Schwiigertochter
 Schwiigergesohn
 Tochter



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Examples of tasks/responsibilities

- Housekeeping
- Personal hygiene
- Support financial and contractual arrangements
- Support social integration / maintenance of social contacts
- Nursing care
 - Drug administration
 - Organisation and companionship for visits to physicians

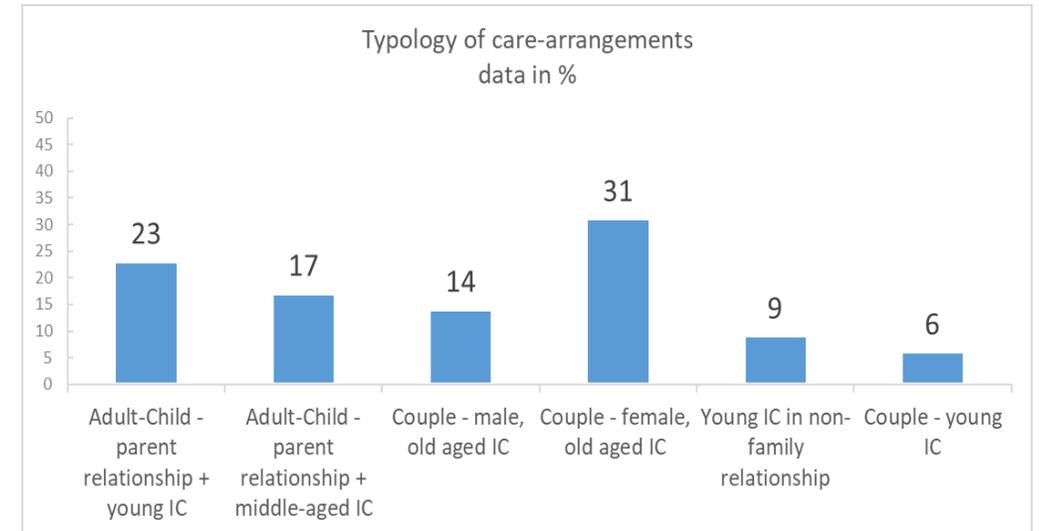
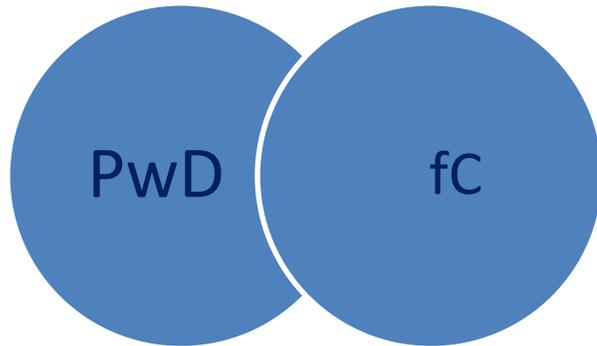


- **Overall managers of complete care with significant operational responsibility**
- Key player in **communication and decision processes**
 - Central sender and recipient of information

- **Complex challenges of care**
 - Performance of specialized tasks (personal hygiene, drug administration) by family caregivers that are often non-professionals
- **Situation with multiple burdens**

Change of perspective – expansion of perspective

- Leave behind perspective of **singularity of people with dementia (PwD)**
- Approach perspective of **PwD and family caregiver (fC) as a tandem (pair)**



- **Complex challenges** to external help- and support-systems
 - Medical, nursing and psycho-social care for **PwD**
 - Consideration of requirements and needs of **fC**
- **Heterogeneous** care arrangements
 - **Customize exact offers** for different care arrangements

Caregiver
 Pflegenden
 Wonsongenden
 EhepartnerIn
 Schwiegermutter
 Tochter
 Schwiegermutter

Caregivers from a generational point of view

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Intra-generational care-scenario: Within same generation

- PwD and fC are in a **similar age**
 - fC **restricted by own health**
 - **Higher risk** of further **health burden**
 - Increasing risk of **instability of care system**

Inter-generational care-scenario: Cross-generational

- **Difference of age** between PwD and fC
- **Challenges of both generations** apply
 - **Increasing risk** of unstable supply of PwD
 - **Increasing risk** of unstable situation of fC because of multiple burdens
 - **Missing opportunities** to fulfill own requirements and needs

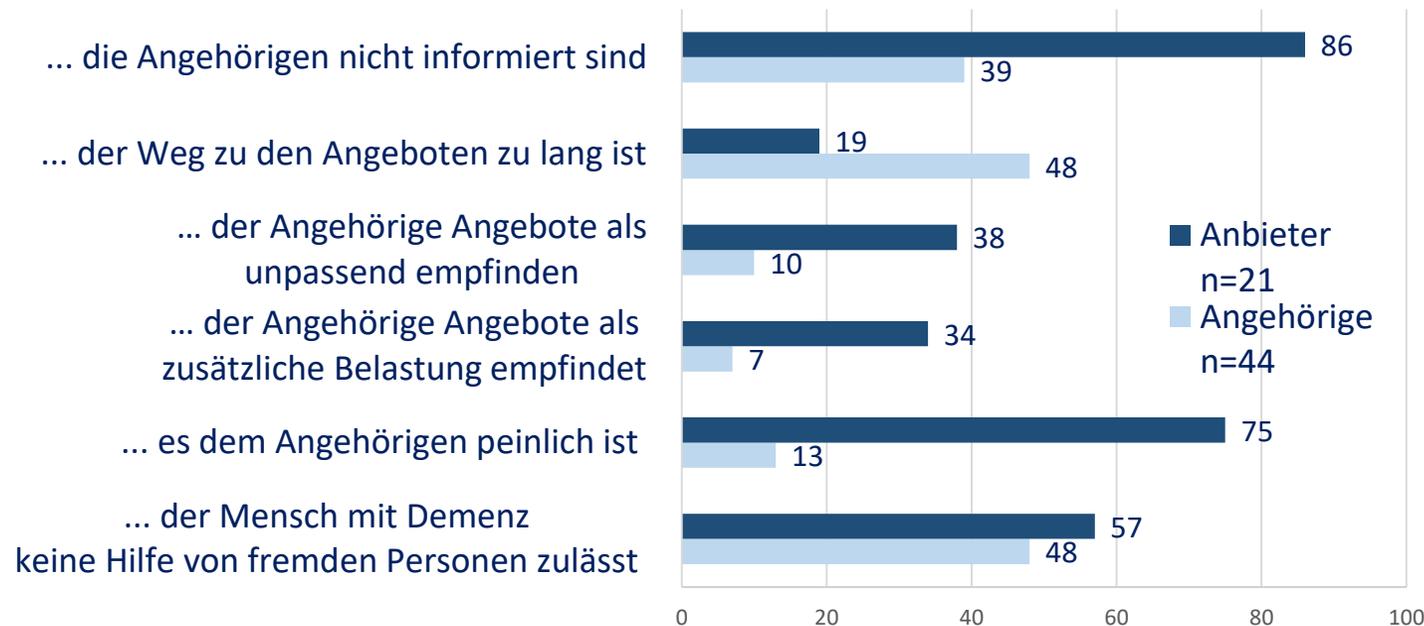
Potential consequences:

- fC in an **overstressed situation**
 - **Secondary patient**
- **Unstable support** for PwD
 - **Clinical care** of PwD and perhaps fC
 - **Increasing health costs**

Critical remark on existing help- and support-offers

Help- and support-offers exist, but ...

Angebote werden nicht genutzt, weil ...
 Angaben in %



- Point of view of **providers** and **relatives** differs
- **Point of view of providers**
 - Availability of offers
 - Offers are not used due to **individual reasons**
- **Point of view of caregivers**
 - Structural barriers (too long distances, bureaucracy, missing information)

? Increased accuracy of fit

Challenges for local communities

Short- and medium-term

- Offer of exactly **fitting care arrangements**
 - **Tandem-perspective** (PwD-fc)
 - **Heterogeneity** of care arrangements
- Guarantee of public welfare
 - Customization of offers to **requirements of PwD and fc**
 - Prioritization of **user-logic** against **organisation-logic**

However...



Gesellschaftliche Entwicklungstendenzen im demografischen Wandel

<https://www.im-alter-inform.de/aeltere-menschen/demografie/herausforderungen/>

- **Medium- and long-term**
- Supplement / replacement of family care arrangements **by neighbourly or friendly care settings**
- Development of **family – non-family care-pairs**
 - **Legal arrangements**
 - **Insurance arrangements**
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Thank you for your attention