

# Caregivers as challenge for local communities

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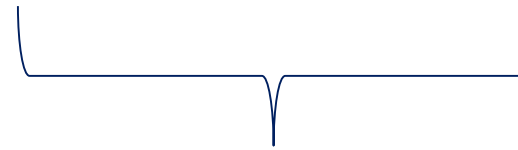
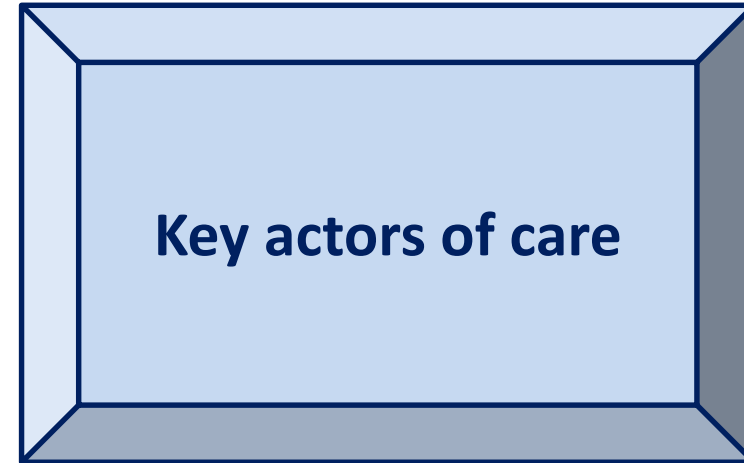
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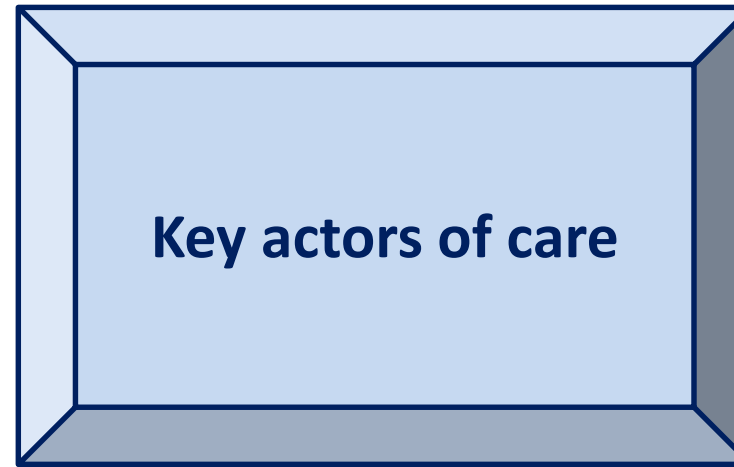
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Caregiver  
Pfleger  
Vorsorgender  
EhepartnerIn  
Schwiegertochter  
Sohn  
Tochter  
Schwiegersohn



**Full responsibility** for own lifestyle as well as **wellbeing** of person taken care of

Caregiver  
 Pflegenden  
 Wonsorgender  
 EhepartnerIn  
 Schwiigertochter  
 Schwiigerson  
 Tochter



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### Examples of tasks/responsibilities

- Housekeeping
- Personal hygiene
- Support financial and contractual arrangements
- Support social integration / maintenance of social contacts
- Nursing care
  - Drug administration
  - Organisation and companionship for visits to physicians

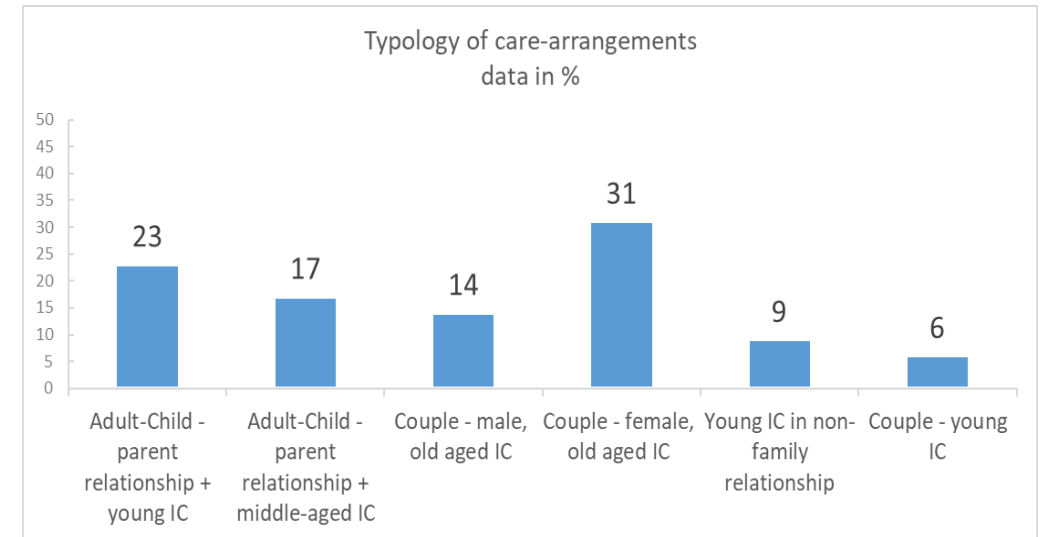
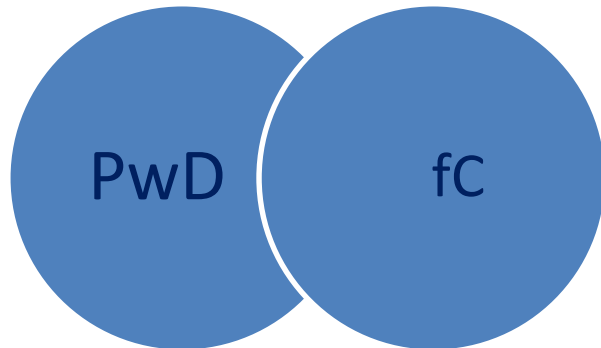


- **Overall managers of complete care with significant operational responsibility**
- Key player in **communication and decision processes**
  - Central sender and recipient of information

- **Complex challenges of care**
  - Performance of specialized tasks (personal hygiene, drug administration ) by family caregivers that are often non-professionals
- **Situation with multiple burdens**

## Change of perspective – expansion of perspective

- Leave behind perspective of **singularity of people with dementia (PwD)**
- Approach perspective of **PwD and family caregiver (fC) as a tandem (pair)**



- **Complex challenges** to external help- and support-systems
  - Medical, nursing and psycho-social care for **PwD**
  - Consideration of requirements and needs of **fC**
- **Heterogeneous** care arrangements
  - **Customize exact offers** for different care arrangements

Caregiver  
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 Schwiegermutter  
 Tochter  
 Schwiegermutter

## Caregivers from a generational point of view

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Intra-generational care-scenario: Within same generation

- PwD and fC are in a **similar age**
  - fC **restricted by own health**
  - **Higher risk** of further **health burden**
  - Increasing risk of **instability of care system**

Inter-generational care-scenario: Cross-generational

- **Difference of age** between PwD and fC
- **Challenges of both generations** apply
  - **Increasing risk** of unstable supply of PwD
  - **Increasing risk** of unstable situation of fC because of multiple burdens
  - **Missing opportunities** to fulfill own requirements and needs

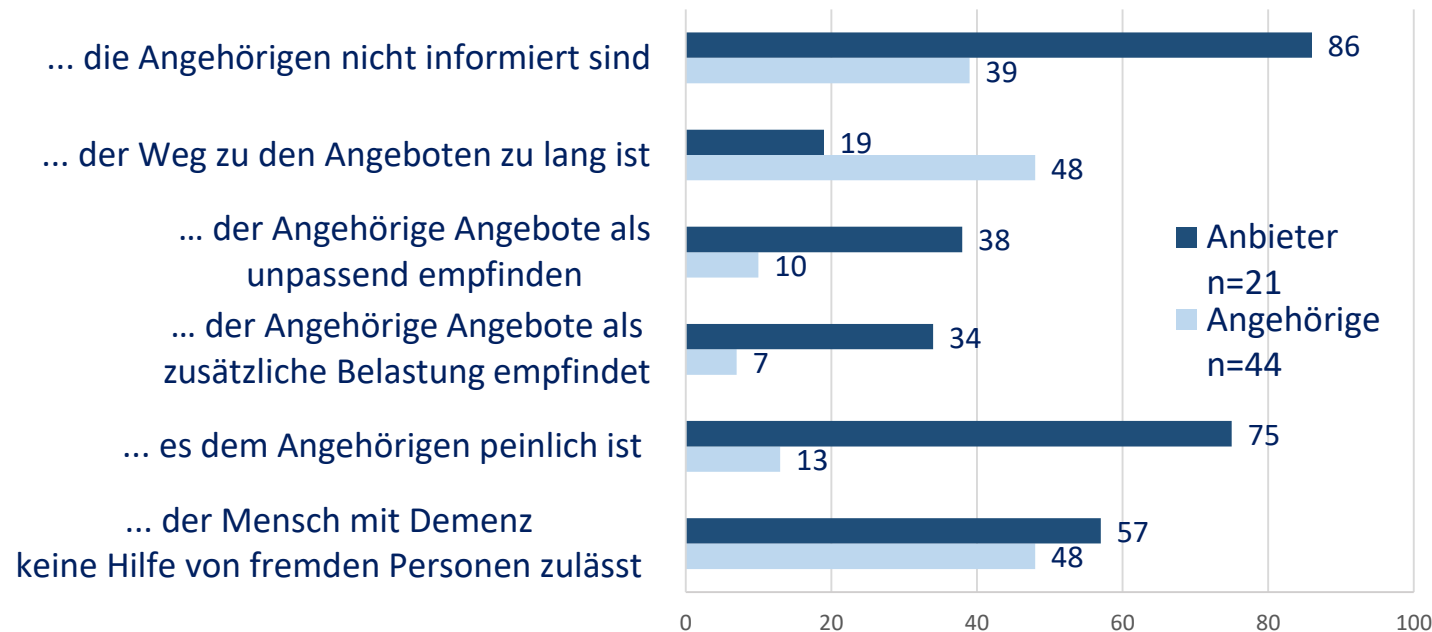
**Potential consequences:**

- fC in an **overstressed situation**
  - **Secondary patient**
- **Unstable support** for PwD
  - **Clinical care** of PwD and perhaps fC
  - **Increasing health costs**

## Critical remark on existing help- and support-offers

### Help- and support-offers exist, but ...

Angebote werden nicht genutzt, weil ...  
 Angaben in %



- Point of view of **providers** and **relatives** differs
- **Point of view of providers**
  - Availability of offers
  - Offers are not used due to **individual reasons**
- **Point of view of caregivers**
  - Structural barriers (too long distances, bureaucracy, missing information)

? Increased accuracy of fit

# Challenges for local communities

## Short- and medium-term

- Offer of exactly **fitting care arrangements**
  - **Tandem-perspective** (PwD-fc)
  - **Heterogeneity** of care arrangements
- Guarantee of public welfare
  - Customization of offers to **requirements of PwD and fc**
  - Prioritization of **user-logic** against **organisation-logic**

## However...



Gesellschaftliche Entwicklungstendenzen im demografischen Wandel

<https://www.im-alter-inform.de/aeltere-menschen/demografie/herausforderungen/>

- **Medium- and long-term**
- Supplement / replacement of family care arrangements **by neighbourly or friendly care settings**
- Development of **family – non-family care-pairs**
  - **Legal arrangements**
  - **Insurance arrangements**
  -

**Thank you for your attention**