

Ageing in the Community

Opportunities for participation for people with dementia and their family caregivers

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Demographic change

A few ideas...

**older
fewer
more colourful
more demented**

**less children
smaller family networks
high chance for multi-local
organized families**

Young generation

Quantitative curiosity

Middle-age generation

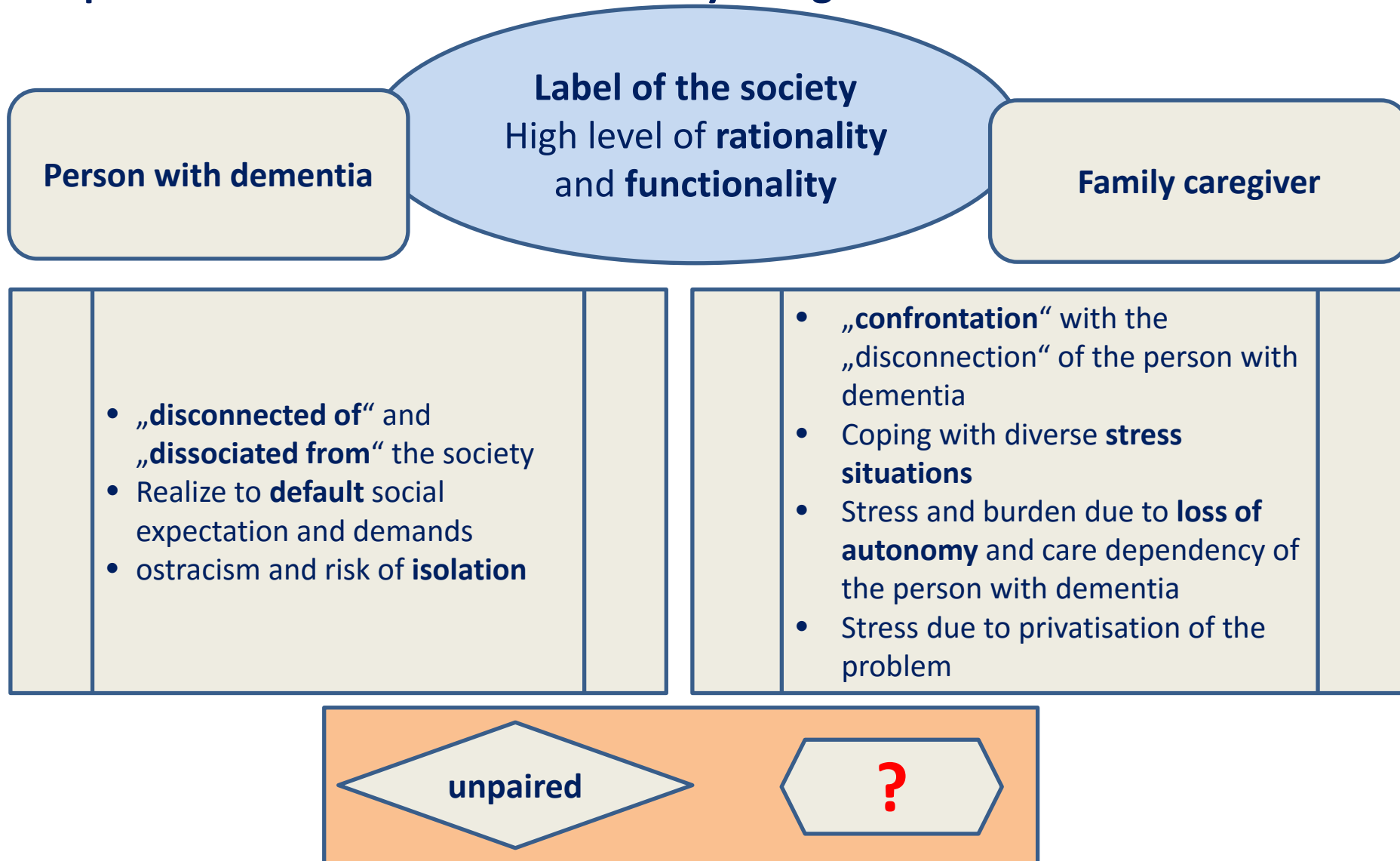
Sandwich-Generation
Stakeholder of care and
health services

Old Generation

Increasing dependence on help
and support of the community
of solidarity

Special Focus...

People with Dementia and their family caregivers



Society of Participation and Diversity

- **Participation as a (socio-) political guiding concept**
 - **Economic participation**
Financial opportunity of self-controlling
 - **Political participation**
Participation and involvement in public decision processes
 - **Cultural participation**
participation in cultural life and educational processes
 - **Social participation**
Participation in networks in the social environment (family friendships, neighborhood) as well as social settings (municipality, clubs, associations etc.)
 - **Dementia as a part of diversity of society**

Person with dementia

Person, who receives **medical, nursing and psychosocial attention.**

DIGNITY

Family caregiver

Person with **individual conveniences, needs and life tasks**

Participation

... Person with dementia



Family caregiver

Micro level

- **Rights**
 - Prevention of discrimination
 - Reduction of barriers
- **Duties**
 - Political involvement as citizens (democratic theoretical)
 - Sensibility regarding the consequences of acting and decision making for all generations

Meso / Macro level

- Enabling structures for involvement and participation
- **Ageing mainstreaming**
 - Incorporation of all aspects of ageing in political decision making processes
 - Consideration of the impact of decisions for all age groups

Function of the community

- **Community/ Commonwealth (Meso)**
 - To assume responsibility by **removal of taboos**
 - To enable an **atmosphere** that is suitable for people with dementia
 - Living with dementia in the community
 - **Openness** towards the „**disconnection**“ of the society
 - More people with dementia, more family caregivers
- **Municipality/ State (Macro)**
 - Dementia as a task of public **welfare system**
 - Provision of resources for
 - **Medical**
 - **Nursing**
 - **Psychosocial care**
 - Change of perspective
 - Away from a **functional care perspective** to a **bio-psycho-social perspective**



Successful active ageing

A proverb ...

- An **old african proverb** says:
„It takes a whole village to raise a child‘

- A **modern proverb of an ageing society** could be:
„It takes the whole commonwealth to grow old satisfied “
 - Old needs young, young needs old
 - Separation of age groups endanger the self determination in the long term
 - „the more different and diverse, the longer able to act self-determining “

My Memory Card



Thank You for Your Attention!